

# Education Inclusion Family Advisor Newsletter

## June 2024

**Education Inclusion Family Advisors** support parents with challenging or worrying behaviour, tantrums, meltdowns, anxiety, self-esteem, bedtime problems, sibling rivalry etc. Support is currently available virtually or by phone/email.  
**Your schools EIFW is Jane Rogers**

### Activity Idea

With the weather being so rainy lately it might be a good idea to have some indoor games up your sleeve:

#### Tiny Treasure Hunt:

Give everyone an empty matchbox (any tiny container will do) and challenge them to fill it with as many tiny things as they can, see who can get the most objects in their box.

Check out these lovely ideas for things to do with empty match boxes (you can buy match box blanks online)



[10 Craft Ideas With Matchboxes - Petit & Small \(petitandsmall.com\)](https://www.petitandsmall.com)

### Parenting Top Tip

Getting children to listen:  
When asking your child to do something:

- Go to where your child is (no calling from a different room)
- Get down to their level.
- Give the instruction (politely)
- Give them TIME to process, this tends to take children longer especially if they are being asked to do something they don't want to.
- Try not to overload your child with instructions, stick to only those that are absolutely necessary.

### Child Safety week: 3<sup>rd</sup> – 9<sup>th</sup> June

Checkout the Child accident Prevention Trust website for lots of useful info and advice

[Child Safety Week | Child Accident Prevention Trust](https://www.childaccidentpreventiontrust.org.uk/)

### Check it out! These are our upcoming workshops.

**Supporting your child with feelings of worry** – 4.6.24

@ 12-13:30pm

**Supporting your child with feelings of anger** – 11.6.24

@12-13:30pm

**Digital/Internet Safety**– 18.6.24 @12-13:00pm

**Sleep** –25.6.24 @ 12-13:00pm

**Parental Well-Being** – 2.7.24 @12-13:00pm

To book a place follow the link or scan the QR code:

<https://forms.office.com/e/j2ibLRccf6>



**Does** your child have, or potentially have, an additional need or disability? Pinpoint ([www.pinpoint-cams.org.uk](http://www.pinpoint-cams.org.uk)) have lots of information, advice and tips. For Cambridgeshire's Local Offer go to [www.cambridgeshire.gov.uk/residents/children-and-families/local-offer](http://www.cambridgeshire.gov.uk/residents/children-and-families/local-offer)