



You control your attitude

so

choose to be Positive and bring a Smile



Play isn't a game, it is the thinking energy that sparks creativity

so

have fun and learn.



Simple gestures have a big impact.

So brighten someone's day and fill their 'bucket' and yours too.



Life is full of distractions but take time to 'be there' to make the most of all around you.

.....It begins with listening.

