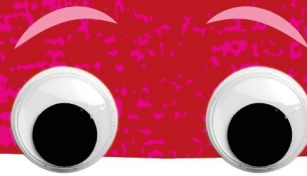


Allergy information available on request



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main 1

Pasta Bolognese

Hunters BBQ Chicken with Mashed Potatoes

Roast of the Day with Roast Potatoes and Gravy

Vegetable Lasagne

Beef Burger in a Bun with Oven Baked Chips

Main 2

Sausage Pasta Bake

Ultimate Spiced Rice

Broccoli and Cauliflower Cheese with Roast Potatoes

Roasted Gnocchi in Tomato Sauce

Tasty Alternative Burger with Oven Baked Chips

3rd Options

Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw

Pasta with Lentil Tomato Sauce

Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw

Pasta with Lentil Tomato Sauce

Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw

Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese

Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese

Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese

Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese

Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese

Vegetables

Green Salad
Garden Peas

Sweetcorn

Fresh Carrots

Autumn Greens

Garden Peas
Baked Beans

Dessert

Berry Crumble Muffin

Coconut and Lime Cake

Autumn Fruit Shortbread

Spiced Ginger Cake

Berry Flapjack

Fruit/Yoghurt

Fruit/Yoghurt

Fruit/Yoghurt

Fruit/Yoghurt

Fruit/Yoghurt

Vegetarian Vegan Plant

Fresh seasonal salad and bread available daily. Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.

Allergy information available on request

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main 1

Pork or Chicken Sausage with Mashed Potato and Gravy

Chinese Noodle Stir Fry



Roast of the Day with Roast Potatoes and Gravy

Kansas City BBQ Baked Chicken with Braised Rice

Friday Fish Bar with Oven Baked Chips

Main 2

Veggie Sausage with Mashed Potato



Roasted Tomato Pasta



Sticky Tomato Tart with Roast Potatoes



Chickpea and Sweet Potato Curry with Braised Rice



Crispy Nuggets and Salsa with Oven Baked Chips



3rd Option

Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw

Pasta with Lentil Tomato Sauce

Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw

Pasta with Lentil Tomato Sauce

Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw

Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese

Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese

Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese

Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese

Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese

Vegetables

Garlicky Greens

Sweetcorn

Roasted Vegetables

Green Beans

Garden Peas Baked Beans

Dessert

Fruity Sponge Oat Crumble



Fruit Jelly Pot

Cinnamon Cake



Pineapple and Ginger Tart



Chocolate Cookie



Fruit/Yoghurt



Fruit/Yoghurt



Fruit/Yoghurt



Fruit/Yoghurt



Fruit/Yoghurt



Vegetarian



Vegan



Plant

Fresh seasonal salad and bread available daily. Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.

Allergy information available on request

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| Main 1 | | | | |
| Jerk Chicken with Rice and Peas | Meat Feast Pizza with Potato and Red Onion Salad | Roast of the Day with Roast Potatoes and Gravy | + Mac n Cheese v | Friday Fish Bar with Oven Baked Chips |
| Main 2 | | | | |
| Meatless Meatballs with Mashed Potato and Gravy v | Cheese and Tomato Pizza with Potato and Red Onion Salad v | Quorn Loaf Roast with Roast Potatoes v | + Vegetable Tray Bake v | Handmade Sausage Roll with Oven Baked Chips v |
| 3rd Option | | | | |
| Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw | Pasta with Lentil Tomato Sauce | Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw | Pasta with Lentil Tomato Sauce | Jacket Potato with Baked Beans, Cheese, Salmon Mayo or Coleslaw |
| Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese | Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese | Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese | Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese | Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese |
| Vegetables | | | | |
| Sweetcorn | Green Beans | Fresh Cabbage Garden Peas | Roasted Cauliflower | Garden Peas Baked Beans |
| Dessert | | | | |
| Easiyo Fruit Mousse v | Autumn Fruit Traybake v | Apple and Rhubarb Crumble with Custard v | Carrot Cake v | Cinnamon Apple Bun v |
| Fruit/Yoghurt v | Fruit/Yoghurt v | Fruit/Yoghurt v | Fruit/Yoghurt v | Fruit/Yoghurt v |

v Vegetarian v Vegan + Plant



Fresh seasonal salad and bread available daily. Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.