

Ancient Greece - The Legacy of the Olympic Games

The Olympic Games started in the time of Ancient Greece and are still an important event in our world today. When something starts in the past but is still used today, it is called a legacy.

First, find out a little more about the original Olympic Games. The link below may help you with this.

<https://www.bbc.co.uk/bitesize/topics/z87tn39/articles/z36j7ty>

ACTIVITY

Hold your own mini Olympic Games at home.

Think of 6 different activities you can do at home with members of your family. Some examples are: a fitness event, Swing Ball contest, Just Dance competition or skipping challenge. The events can be anything you think of.

You will also need to think about how you will score each event to decide who will be the winners.

Extra Activities

Create medals or research how the Ancient Greek's rewarded the winners.

Design your own Olympic Games flag.